



SHAPING A HEALTHY FUTURE



SATURDAY | **9AM – 4PM** | **UCSI UNIVERSITY**
14 MAY 2016 | **SOUTH WING**

For more information on UCSI Family Carnival and Charity Drive,
visit: http://30years.ucsiuniversity.edu.my/index_18.htm

50% OF MALAYSIAN ADULTS UNAWARE OF BEING DIABETIC

Despite all the awareness campaigns, 50% of adults are not aware they are diabetic.

This was revealed in the National Health and Morbidity Survey (NHMS) 2015.

Deputy Health Minister Datuk Seri Dr Hilmi Yahaya attributed this to people not going for regular health screening and also due to their lackadaisical attitude in not adhering to the advises given by the Health Ministry and health experts.

“Most of Malaysians are lazy to exercise, they also will consume any food without thinking about the repercussions, that’s why the diabetes rate is high in this country,” he said after opening the World Health Day 2016 celebration themed ‘Beat Diabetes: Scale Up Prevention, Strengthen Care, and Enhance Surveillance’ at Taman Sri Keramat AU2 Multipurpose Hall here today.

He advised Malaysians, especially those in the high risk group, to do regular health checks to capture the disease early.

Hilmi said Malaysia has the highest number of diabetics among Asian countries with some 3.5 million people suffering from it.

Click here for the full story at thesundaily.com.

